



Stanford Lake College



Dream an Do Centre

A short history

- *Stanford Lake Centre for Outdoor Development*
- *Training*
- *Established 2001*
- *Operated as a separate entity from the school*
- *dad classes outsourced to centre by SLC*
- *Visiting Groups: 10 000 – 15 000 feet per year over 4 year period*
- *In 2006 Centre taken over by SLC*
- *Since then, functioning as Outdoor Department*





dad Classroom





Storeroom





GRADE 8: TERM 1



- Equipment
- Water competence
- Capsize drill
- Strokes
- Intro to kayaking
- General skills





GRADE 8: TERM 2

- Rock climbing
- Training video
- Knots
- Equipment
- Climbing techniques
- Belaying





GRADE 8: TERM 3 & 4



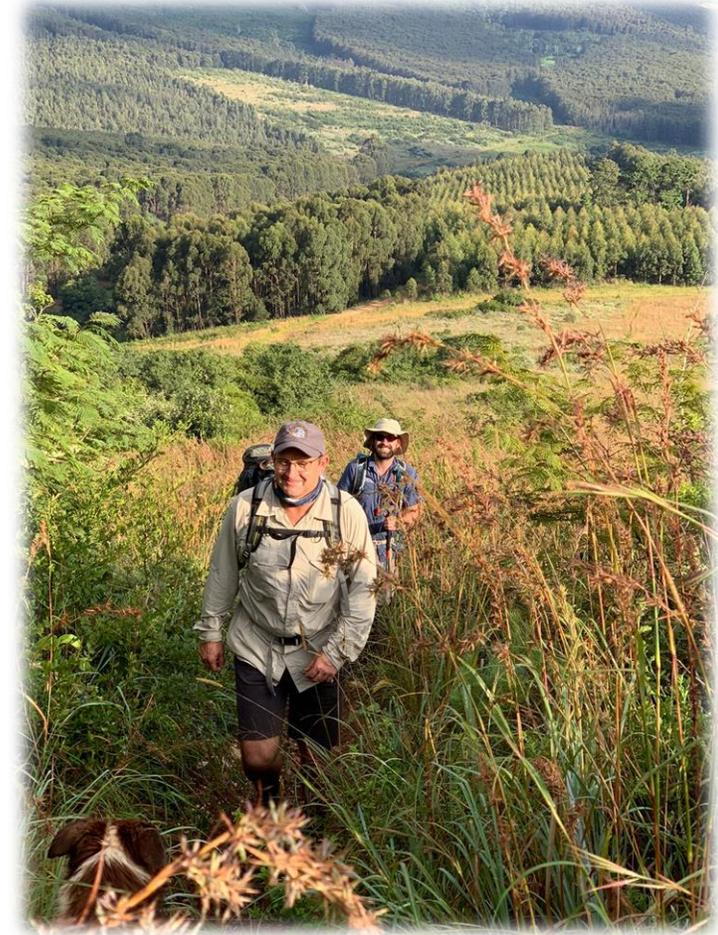
- Orienteering
- Compass work
- Setting up and orienteering course
- Basic map work





GRADE 8 EXPEDITIONS

- Two sleep outs
- 3 Day Iron Crown





7 Day Wolkberg Expedition





Gr.9 Classes





Gr.9 River Day





GR.9 Footsteps Expedition – 7 days





River Section





GR.9 Soutpansberg – 7 Day Self Nav





Additional Expeditions: Drakensberg





Kilimanjaro





Nepal





Scuba Diving





Kayaking





Mountain biking





Adventure Racing





A PRACTICAL APPLICATION OF THE ACADEMIC LEARNING MATERIAL

QUALITIES OF STUDENTS WHO ARE:

- Technology
- **Adventure**
- Arts and Culture
- Entrepreneurship
- Life Orientation

SUBJECT:

- Solution finders
- Risk Takers
- Confident Communicators
- Financially astute
- A Good Friend





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	1	2	3	4	5	6	7	8
Day 1						Grade 8 Adventure 8.1		
Day 2								
Day 3						Grade 8 Adventure 8.2		
Day 4								
Day 5						Grade 9 Adventure 9.1		
Day 6								
Day 7						Grade 9 Adventure 9.2		

Timetable generated: 2022/11/09

aSc Timetables





Cross curricular

- Dove tail with LO
- Trees program – journals, more intentional reflection
- Embedded in the leadership program
- Inter House events
- New Gr.10 Expedition





Collaboration with the Adventure Institute – Dr. Pieter Snyman

- Reviewing techniques that work best for us – Expeditions and DAD classes
- Training
- Outside instructors
- Honors and Master at DAD Centre (about our program) to have Academic proof that our program works
- The dad Centre has established a positive identity during the past 20 years. The unique application of adventure in the academic environment, the performance of its students on a national platform and the 20 years of being incident-free has done them well.





Staff training and qualifications

- Advanced Wilderness First Aid
- APA – River guide (Trip Leaders)
- MDT – Advanced Mountain Walking Leaders
- Viristar Risk Management
- 100% TRACK RECORD OVER 20 YEARS





- Letahbo Moshia – water phobia





Times change, and we change with them.





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